A normal week of practice:

**6U Football:** Monday, Tuesday, and Thursday from 6PM to 730PM  
**All Other Football Teams:** Monday, Tuesday, and Thursday from 6PM to 8PM  
**Junior Tiny Mite Cheer:** Tuesday from 6PM to 7PM

**Tiny Mite Cheer:** Monday, Tuesday, and Thursday from 6PM to 730PM

**All Other Cheer Teams:** Monday, Tuesday, and Thursday from 6PM to 8PM

All practices are subject to change for the coaches needs/discretion.

August we are getting ready for games so practice can be 4/5 days a week depending on the team’s readiness.